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## 2018-19 Fall/Indoor Season

The Speed Academy Fall/Indoor season will run from September 2018 to March 2019. Our program is open to athletes 13 years (YOB: 2005) of age and older.

Tuesday/Thursday fall training will take place outdoors at **Woodlands Fields** (behind Dunbarton High School, 655 Sheppard Avenue, Pickering). Saturday fall training will take place at **Alex Robertson Park** (700 Sandy Beach Road, Pickering)

### Fall Training Schedule (Woodlands Fields & Alex Robertson Park)

Tuesday/Thursday: 5:00 - 7:00 pm (**Woodlands Fields**)  
Saturday: 11:00 - 1:00 pm (**Alex Robertson Park**)

At the end of October the Club will move indoors to **The Pickering Soccer Centre** (1975 Clement Road, Pickering, L1W 4C2).

### Indoor Training Schedule (Pickering Soccer Centre)

Tuesday/Thursday: 6:30 - 8:00 pm Intermediate (Grades 08-10)  
7:30 - 9:00 pm Senior (Grades 11-12)

Saturday: 12:00 - 1:30 pm All

### **Club Fees**

Cost for the Fall/Indoor season is **\$ 450.00**. Athlete registration fee for 2019 with Athletics Ontario is included in this fee.

Entry fees to track meets (approximately \$ 10 - \$ 45 per event) are the responsibility of the athletes. The club will hold a fundraiser to cover most of these meet entry fees. Participation in the club fundraiser is optional. Families not participating in fundraising will be required to pay all meet fees for their child.

A Speed Academy uniform (approximate cost for a singlet and shorts is \$ 80) is mandatory for competitions and is the responsibility of the athlete.

### **Indoor Facility Cost:**

User fees (TBD) will apply and are the responsibility of the athlete. The user fee is not included in the Club registration fee.

### **General Strength Training:**

General strength training will be offered for an additional fee at the Pickering Soccer Centre. Strength training will be optional for athletes in Grade 08 – 10. It is recommended for Grade 11 & 12 athletes.

Pricing, dates and times TBD.

### **Registration:**

Club registration forms available for download from Club website: [www.speedacademy.ca](http://www.speedacademy.ca). See Registration tab on Main Menu.