



2023 Outdoor Season

The Speed Academy Outdoor season will run from April until approximately the middle of August 2023. Our program is open to athletes 14 years of age and older.

Schedule:

For the month of April, training will take place indoors at the **Abilities Centre** (55 Gordon St, Whitby L1N 0J2). A user fee will apply at the indoor facility.

Abilities Centre (month of April):

Tuesday/Thursday: 8:00 pm – 9:30 pm
Saturday: 2:30 pm – 4:00 pm

(* Outdoor practices may be held during the month of April if the weather permits. Location: St Mary Catholic Secondary School, 1918 Whites Road, Pickering. Time TBD.)

Training will move outdoors to **St Mary Catholic Secondary School** in May. The schedule at St Mary CSS will be:

St Mary Catholic Secondary School (May – July):

Tuesday/Thursday: 5:00 pm – 7:00 pm
Saturday: 11:00 am – 1:00 pm

The track at St Mary CSS is due to undergo renovations in the month of August. The training venue for the month of August has not yet been finalized.

Club Fees:

Registration fee (includes 2022 Athlete registration with Athletics Ontario): **\$ 625.00**

Indoor Facility Fee (new members only): **\$ 35.00**

Additional fees: Entry fees to track meets: Approximately \$ 10 - \$ 50 per event.
Speed Academy uniform (mandatory for competition). Approximate cost \$ 80 - \$ 100.

Registration:

Club registration form and waivers available for download from Club website. See Registration tab on Main Menu.

Club website: www.speedacademy.ca